

Vision:

We are here to make a real difference to people's lives. Firstly this is about making a difference by improving the health and wellbeing of individuals and their families. In particular it is about taking serious action to reduce the inequalities in health that exist between different communities across Cumbria. We want to add years to peoples' lives, and quality life to those years.

System Objective One

Radically increase the scale and integration of out of hospital services, based around Primary Care Communities

Primary Care Communities are developing around groups of Practice lists in natural communities, and will serve populations of between 15, 000 and 40, 000 depending on local circumstance. At an overarching level, the key transformation for Primary Care Communities will be to move away from episodic, unconnected care, to a seamless system based on joint work around the patient and their

System Objective Two

Achieving sustainable, high quality provision, by delivering a programme of Hospital Services Consolidation

However successful our population health programmes, and Primary Care Communities, become, there are times when most of us will need to go to hospital. This should be reserved for those times when we need specialist help, requiring the staff skills, technology, and support services which can only be delivered in hospitals.

System Objective Three

Deliver a modern model of integrated services, ensuring an optimal use of resources for patient pathways across community and hospital services and for cross cutting priorities across the system

Building on the integration through Primary Care Communities, we will break down traditional boundaries between the workforce in the community and in hospitals. One example is how we will connect the care for older people in and out of hospital under the leadership of Elderly Care Consultants working in both settings.

System Objective Four

Improve population health outcomes, based on a major impact on reducing social isolation, smoking and alcohol misuse, and increasing activity and healthy eating.

We will work together with partners across Cumbria to deliver the Cumbria Wellbeing Strategy, and to re-focus our system to promoting population outcomes as a health system, rather than just a healthcare system.

Overseen through the following governance arrangements

- Cumbria Health and Care Alliance
- Cumbria Health and Wellbeing Board
- Health Scrutiny Committee

Measured using the following success criteria

- Ensure that the NHS system in Cumbria is clinically sustainable in terms of the service model, standards, and safe, appropriate levels of staff, and which is also affordable
- Improve the outcomes for individual patients and their families, and population level outcomes
- Reduction in health inequalities by narrowing the gap between the populations who enjoy the best outcomes and those who endure the poorest outcomes.

System values and principles

- Doing the right thing for our patients, service users and populations
- Putting ourselves in your shoes – is this the care we would want for ourselves or our families?
- Access to the right healthcare, in the right place, right when you need it
- The Cumbrian health pound is finite and can only be spent once