

WORKING TOGETHER GROUP
NOTES OF THE CHILDREN'S WORKING GROUP
Thursday 18 October 2018
Ann Burrows Thomas Health Centre, Workington

Present: Eleanor Hodgson (**Chair**) (EH)
Sophie Birkett (SB)
Kieron Bradshaw (KB) (**Notes**)
Julie Clayton (JC)
Ellen Cullen (EC)
Sue Hannah (SH)
Ian Hinde (IH)
Nicola Jackson (NJ)
Deb Lee (DL)

CWG/073 **Agenda Item 1: Welcome and apologies**

EH welcomed everyone to the meeting.

Apologies were received from Eve Atkinson, Richard Metcalf and Viv Stucke.

CWG/074 **Agenda Item 2: Notes from the last meeting and Action Log**

The notes were agreed as an accurate record of the meeting.

The group worked through the Action Log and updated it accordingly (see updated document attached).

18/018: Action complete.

18/020: **Update:** NJ to ask Lindsey Ormesher to come to the next meeting (29 November 2018) to give an update on obesity work and how we can involve/feed in views of children and young people. KB to add this as an agenda item for the next meeting.

18/021: Action complete.

Action 18/023: It was noted that Chris Tolling from People First is happy to help with contacting children's groups. There was short discussion about which age groups to involve in the 15 Step Challenge and it was agreed that the focus would

be on one group initially (teenagers/secondary school age) and then broaden to younger children at a later stage.

NJ gave an update on work taking place for the 15 Steps Challenge, in place of Agenda Item 4.

It was noted that a new Head of Patient Experience had recently been appointed for both North Cumbria University Hospitals NHS Trust and Cumbria Partnership NHS Foundation Trust, and that following a conversation with NJ they were happy to help and could be a driver within the hospital to help with this.

Discussion took place about how children would get to the wards, etc., to ensure that functional issues wouldn't stop people from getting involved.

18/024: Action complete.

CWG/075 Agenda Item 3: Update on key engagement contacts

Short discussion took place and it was noted that further contacts would be added as and when they were needed.

CWG/076 Agenda Item 4: The three priority areas identified:

i. Prevention

Conversation took place about what work is being done around mental health prevention. One area noted was the early intervention work that is included in the multi-agency Local Transformation plan.

ACTION: NJ to invite Anne Shephard to a future meeting to talk about Emotional Wellbeing and Mental Health (including prevention).

There was conversation about what this group could do in terms of mental health prevention. There was discussion of the role of the group, and the importance of adding value and not duplicating. Much of this work is already covered by groups such as the Local Safeguarding Children Board (LSCB).

DL discussed recent findings that infant mortality was on the rise, noting that poverty was the key issue.

ACTION: KB to add an agenda item for a future meeting: "Rising infant mortality", which DL will present. DL to summarise the report discussed to share with the group.

There was short discussion of obesity, and the effects of living conditions,

e.g. housing estates without areas for children to play, etc.

ACTION: JC to contact Colin Cox (Director of Public Health) to discuss how the group can input into the Health and Wellbeing action plan.

ACTION: IH to invite the Head of Planning from Allerdale Council to a future meeting to discuss how impact on child health is incorporated into planning. AT FUTURE DATE – do other actions first.

ACTION: To help capture and organise the ideas and actions of the group, KB to design a work programme to outline actions going ahead into the future, allowing the group to order which ones are to be completed first.

ACTION: NJ to invite Harry Harrison, from the Children’s Commissioning Team at NHS North Cumbria CCG, to a future meeting to talk through some of the work he has been doing, including raising awareness of making reasonable allowances for children with learning disabilities.

ACTION: The group agreed on a strapline “Working Together to get better outcomes for Children and Young People”, to be added on to all future paper work for the group (KB will do). EH to recommend at a future Working Together Steering Group meeting that all working groups have a strapline, which involves wording along the lines of “Working Together to get better outcomes...”

ii. SSPAU/Inpatient Ward

There were no updates to share at this meeting.

iii. Children and Young People 15 Steps Challenge

An update on the 15 step challenge was given during Agenda Item 2 (action log).

CWG/077 Agenda Item 5: Youth Parliament Making Your Mark 2018 (Cumbria) – Headline Results

JC shared a Headline Results document with the group for the Youth Parliament Making Your Mark 2018 poll.

ACTION: JC to circulate the document to the group via email.

Discussion ensued about the themes raised by the results detailed in the document. There was conversation about “A Curriculum To Prepare Us For Life”, focusing on children learning life skills and social education.

It was highlighted that it was interesting that mental health had received the most votes in terms of what the top issues were for young people in Cumbria.

There was also discussion of what was being done as a result of the poll, to address the issues.

CWG/078 Agenda 6: 0-19 Update

The item was deferred to a later meeting, when Lindsey Ormesher would be invited to attend and give an update.

CWG/079 Agenda Item 7: Links to other groups and feedback to Working Together Steering Group

The date for the next Working Together Steering Group was highlighted (Wednesday 31 October, 18.00 to 20.00).

There was also a brief update about the work of the Building Health Partnerships group, and it was noted that there would be a meeting for that on 28 November 2018.

There was discussion of involving adults the 15 step challenge by incorporating it into other work. It was noted that the 15 step challenge is already used by the North Cumbria University Hospitals NHS Trust for adults, but that work could build on what this group does as it progresses beyond planning.

DL gave an update on telemedicine, which included information successful bids to help remote consultations. It was noted that there were six pilot projects being worked on all together which included mental health, neurology (around epilepsy), crisis intervention, perinatal mental health and CAMHS. Plans for future projects include: paediatrics, gastroenterology and cardiology.

It was noted that this was a huge piece of work completed and gratitude was expressed to DL, as the work would save travelling miles. Brief conversation took place about promotion of the work and it was noted that in order to keep pressure off the projects whilst colleagues ensured that the service worked, it would not be promoted widely initially.

EC gave an update/feedback from the West Cumbrians’ Voices For Healthcare Group.

CWG/080 **Agenda Item 8: Any other business**

There was no other urgent business.

CWG/081 **Agenda Item 9: Dates and times of next meetings**

- **Thursday 29 November 2018, 10.30am to 12.00pm** - Council Chamber, Allerdale Borough Council, Allerdale House, Workington, Cumbria, CA14 3YJ
- **Thursday 31 January (was Thursday 17 January 2019), 10.30am to 12.00pm** - Conference Room, NHS North Cumbria CCG Offices, Ann Burrow Thomas Health Centre, South William Street, Workington, CA14 2EW

DL gave apologies for the meeting on 29 November.
