

WORKING TOGETHER GROUP  
NOTES OF THE CHILDREN'S WORKING GROUP  
Thursday 4<sup>th</sup> January 2018, 10.00  
Ann Burrow Thomas Health Centre, South William Street,  
Workington, Cumbria, CA14 2EW

Present: Eleanor Hodgson (**Chair**)  
Kieron Bradshaw (**Notes**)  
Julie Clayton (JC)  
Ellen Cullen (EC)  
Ian Hinde (IH)  
Nicola Jackson (NJ)  
Sara Jones (SJ)  
Richard Metcalf (RM)  
Lindsey Ormesher (LO) (by phone)  
Robin Powell (RP)  
Viv Stucke (VS)  
Georgina Ternent (GT)

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CWG/029 **Agenda Item 1: Welcome and apologies**

EH welcomed everyone to the meeting.

Apologies were received from Eve Atkinson, Deb Lee, Anne Glazebrook, Pauline Hoult, Sue Hannah, and Christine Kitchen.

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CWG/030 **Agenda Item 2: Notes from last meeting**

In relation to an action from the previous meeting, it was noted that Anne Glazebrook has shared contact details for the local paper in Egremont. The contact details have been added to the CCG's media distribution list, so that they get news updates and information from the CCG.

**ACTION:** On page three of the notes, the third paragraph will be updated to clarify that providing care at home for children 'may be the best course, depending upon their clinical need.'

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CWG/031 **Agenda Item 3: Update on Child Health App information sharing**

JC gave an update.

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Figures on the numbers of times the Child Health App had been downloaded were shared. It was noted that from the period just before Christmas, the total downloads were at 890 in North Cumbria.

**ACTION:** It was hoped that more up to date figures would be available soon, and they will be shared with the group following this.

A thank you was shared with the group for everyone's help in sharing information and boosting downloads.

Conversation was held about ensuring there is a consistent strategy to engage people in early years settings. It was noted that important groups to engage included Barnados, Howgill, nurseries, and early years settings.

It was highlighted that an Obesity Summit taking place in March 2018 would be a good place to promote the App.

**ACTION:** JC to find other workshops taking place where the App could be promoted.

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**CWG/032 Agenda Item 4: Update on engagement work and key contacts**

It was advised that much of the information that had been shared with the contacts related to the Child Health App. This was particularly the focus over Christmas when A&E services were under pressure.

It was noted that it would be helpful to gain feedback from people who have downloaded the App locally, and in particular find someone who has been helped by it, to give a testimony.

**ACTION:** LO to liaise with colleagues in Children's Services who may be able to source people who have used the app and can give feedback.

It was noted that feedback relating patients using out of hours GP services and A&E services would highlight the impact of the App.

It was also noted that it would be helpful to find out how the App is being used within communities, for example if schools were directing parents to it when they mentioned health concerns relating to their children. It was advised that information about the App has been shared with GPs, and they knew who to contact at the CCG team if they received feedback on it.

Discussion was held about ways of sharing information with the public when there is a health alert, and whether the Child Health App could help with this. It was advised that there wasn't currently a specific mechanism at Public Health for communicating getting alerts to the public.

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**ACTION:** LO to follow up with Public Health and look into mechanisms. Following this, the discussion will continue at the next meeting, to look into the possibilities of the Child Health App in this area.

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CWG/033 **Agenda Item 5: Feedback on the three Priority Areas Identified**

**i. The Whole System Asthma Pathway**

An update was given by RM on work that had been done to engage pupils from schools who play sport despite having asthma. It was noted that a number of quotes had been gained from prominent local sports people, along with a female rugby player who is now a teacher, who have all lived with asthma. There is an aim to make a short video to use on social media around this, and Border TV is hoping to run stories on it too.

It was noted that a workshop would be taking place on 8 February 2018, which will bring back together the group of people who provided the patient stories that were used to start the Whole System Asthma Pathway. Members of the group were asked if they would also like to attend the workshop, and were also encouraged to share the invite with anybody they felt would be interested.

It was advised that a Lead GP at NHS North Cumbria CCG was keen to link the Asthma Pathway with the pathway for adults, and so the work on it would be used to help this as well.

An idea was raised that children with asthma could also be encouraged to take up music, as well as sports.

Brief conversation was held around work being done to ensure that schools know how to purchase emergency asthma medication for pupils, as part of the asthma pathway for schools. It was noted that further information on the work that was being done could be found online at: <http://www.cumbria.gov.uk/ph5to19/priorities.asp>

**ACTION:** GT to circulate fliers about 5-19 work being done.

**ACTION:** It was noted that the work of the group should be documented as it goes along, so that there is a useful record. This would reduce the difficulty of trying to think back to write the story when work is completed in the future.

**ii. SSPAU/Inpatient Ward**

An update was given by SJ.

It was noted that NCUHT had been successful in recruiting a substantive

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consultant, and it was hoped they would have their induction in the next few weeks. It was advised that the new model being introduced in North Cumbria was a particular attraction for the consultant to work there, and that having a clear model and idea of what the future state looked like could help with recruitment. It was hoped that the consultant would share this positive message with other potential recruits.

It was noted that the first clinical audit of the SSPAU, referred to in the notes of the previous meeting, has now come to an end.

Brief conversation was held about the challenges around recruitment. It was noted that steady progress was being made when compared to the position we were in the summer. It was noted that a key challenge is to encourage locums to become full time members of staff, and it was hoped that a long term locum who left the area in the past may interview for permanent post here in the future.

Brief conversation was held about the next meeting of the Working Together Steering Group. It was noted that the meeting would take place on Thursday 18 January 2018 at the at the UCLAN base in the Samuel Lindow Building at the West Lakes Science Park, and that Val Smart would be giving presentation there about the work to develop a medical training school in west Cumbria and progress so far. It was requested that the group share information about the meeting with anyone who may be interested.

**iii. Prevention**

Conversation was held about smoking cessation work being carried out by the Public Health team, in particular highlighting that there is a lot of work going towards No Smoking Day in March. It was noted that the group may be able to support the work, for example helping to get information to maternity and tertiary groups.

**ACTION:** JC to have a conversation with leaders in the system wide Sustainability and Transformation Partnership to advise that the group is here and is keen to help.

Following discussion it was advised that smoking, vaping and cannabis were each treated as separate issues, as support mechanisms would be different for each. It was noted that if information reached people at an earlier age they would be educated to make healthier choices.

It was agreed that the work could be fed into the Whole System Asthma Pathway one page plan, which was previously circulated to the group, and could link with work that is already happening.

**ACTION:** KB to circulate the Asthma Pathway to the group and to

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ensure it is put on the co-production website.

Short conversation was held about obesity work being done in Copeland; it was noted that this would be discussed in further detail at future meetings when the work has progressed.

A concern was raised that the group needed to engage in more work that involved the community. It was agreed that making a film would be a good project to work on with youth groups. For example, the group could work with young people to make a video about the COPD risk associated with smoking cannabis, or the effects on the liver from alcohol abuse.

It was noted that proper co production would involve children and young people speaking about what they want and need. The need for results from surveys was highlighted, to identify key themes. It was advised that this information would be available in the future.

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CWG/034 **Agenda 6: Links to other groups (including West Cumbria Breastfeeding/Infant feeding Co production Forum), and feedback to the Working Together Steering Group**

Discussion was held about a new steering group which was in the process of being set up, which would aim to work within maternity pathways. It was advised that it would be a small steering group with specific aims and projects, rather than being a strategic group. Following conversation it was agreed that the steering group would link with the work Better Births, the Maternity Voices Partnership, and the Infant feeding Co production Group, rather than the Children's group. However, LO will feedback information from the steering group to the Children's Group at future meetings.

JC shared an email from Sandra Guise about a SLACK group which been set up relating to the West Cumbria Breastfeeding/Infant feeding Co production Forum. It was noted that work to link into a healthy weight pathway was in development.

Brief conversation was held about the last meeting of the Working Together Steering Group and it was noted that the new structure had made the meeting work better. It was highlighted that the CCG's Co-Production webpages had been redesigned, and the members of the group were encouraged to visit them to access information. The next meeting of the Working Together Steering Group will take place on Thursday 18 January at 18.00, at the UCLAN base in the Samuel Lindow Building at the West Lakes Science Park.

Conversation was held about a recent advertising campaign which gives a recommended daily intake of sugar. It was noted that the campaign recommends extremely small amounts of sugar intake, and that this may not be received well by the public as it may not be particularly realistic. The group agreed to give more

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thought to this when discussing communications to the public in the future.

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**CWG/035 Agenda Item 7: Dates and times of next meetings**

- Thursday 1 February, 10am-11.30am, at Ann Burrow Thomas Health Centre, South William Street, Workington, Cumbria, CA14 2EW

The meeting scheduled for Thursday 1 March, 10am-11.30am has now been moved to take place on Thursday 15 March, 10.00 to 11.30, at Ann Burrow Thomas Health Centre.

**ACTION:** KB to set up meetings to take place every six weeks from 15 March 2018. Dates will be shared at the next meeting.

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