

WORKING TOGETHER GROUP
NOTES OF THE CHILDREN'S WORKING GROUP
Thursday 17 May 10.00am
Cumbria Archive and Local Studies Centre, Scotch Street,
Whitehaven, Cumbria CA28 7NL

Present: Eleanor Hodgson (**Chair**)
Kieron Bradshaw (**Notes**)
Julie Clayton (JC)
Nicola Jackson (NJ)
Russell Madams (RMa)
Richard Metcalfe (RMe)
Sara Jones (SJ)
Viv Stucke (VS)
Georgina Ternent (GT)

CWG/052 **Agenda Item 1: Welcome and apologies**

EH welcomed everyone to the meeting.

Apologies were received from Ian Hinde, Richard Simpson, Sue Hannah, Suzanne Wilson, Ella Cullen, Deb Lee, Ann Glazebrook, Lindsey Ormesher and Christine Kitchen.

CWG/053 **Agenda Item 2: Notes from the last meeting and Action Log**

The notes were agreed as an accurate record of the meeting.

The group worked through the Action Log and updated it accordingly (see updated document attached).

In relation to action number 18/012, two videos about being a child in Cumbria, made by Barnardo's, were shared with the group. Short discussion on the themes raised in the videos, and the report that linked to them, followed.

CWG/054 **Agenda Item 3: Update on Child Health App information sharing**

An update on the Child Health App was given during the action log discussions. It was advised that download figures would follow when they had been provided by colleagues in the north east.

CWG/055 **Agenda Item 4: Update on key engagement contacts - grid updates**

Discussion about the engagement contacts grid took place during agenda item two, earlier, when the group were going through the action log. There were no updates to make to the grid.

ACTION: KB to send a copy of the engagement contact grid to RMa so that he can add any useful contacts.

CWG/056 **Agenda Item 5: Feedback on the three priority areas identified**

i. Prevention

An update was given on social prescribing work taking place, where Cumbria County Council (CCC) Community Development and Public Health teams in Copeland are looking at how they could support local community groups to develop the sports and physical activities they have on offer. The work was aiming to address issues where children and young people had particular needs but didn't feel comfortable accessing mainstream sports clubs due to barriers of self-esteem, body image and ability. It is hoped that the work would create a broader range of sports and physical activity offered in communities, rather than just the popular ones, so that more people were engaged. A lot of activities can build in exercise by stealth which broadens their appeal, also looking to remove barriers like cost and access to facilities.

Colleagues at CCC have met with staff at GLL (Greenwich Leisure Limited), who run leisure centres in the area, to explore their offers across the district. A mapping exercise is required too, to ascertain any wider provision and gaps within market. It is envisaged that work will take place with GLL and other possible providers to develop a delivery model. This will start in Copeland and Allerdale initially, and if it works will be rolled out across other areas. It was noted that GPs were on board with the work too.

It was noted that initially the work will focus on children, and then expand to older age groups. One area of improvement was that parent and children classes were starting to happen, with various schemes being developed.

There was a hope that this working group could provide support to the work when an application for funding was made.

RM gave an update about an Emotional Resilience project, aimed at helping 14-24 year-olds by developing emotional resilience and self-confidence. The work is intended as a preventative initiative, which focuses on understanding the people at the heart of it and to give it a holistic approach. The development work also involves young people, so that they

can help to shape it.

It was noted that there is a challenge from changes in the system, but that this would make it more collaborative.

It was noted that the work was linked to the local transformation plan for Child and Adolescent Mental Health Services (CAMHS) and will hopefully take pressure off of tier 2 and tier 3 CAMHS services.

Some of the key areas that the work will address include:

- Drugs
- Self harm
- Sleep

Another area of the work outlined is to link with practice managers to help make children and young people aware that they can get an appointment with a GP without their parents.

ACTION: JC to contact RMA following the meeting to see if there are links that could be developed to support the Emotional Resilience project.

ii. **The Whole System Asthma Pathway**

It was noted that work on the Asthma Pathway was getting lots of publicity across social media; particularly the video clips of pupils at Lazonby school.

Short discussion took place about a pilot project working with schools in the Eden area, to increase understanding of the role of schools in supporting children with asthma.

iii. **SSPAU/Inpatient Ward**

An update was given on work being done to move from phase one to phase two at West Cumberland Hospital, which involves the unit being open in the evening. The current challenges were around medical rotas, as numbers of staff and shift patterns needed to be adapted to ensure cover for two ward rounds and double cover in the afternoon/evening were in place.

It was noted that staff on both hospital sites had worked well and had a positive approach to the changes, bringing up issues and working out resolutions where necessary.

It was noted that recruitment work was progressing and that further information on the UCLAN posts would be available at a future meeting. It was advised the posts were agreed in principle and that delays were due to

practicalities in getting the appropriate colleagues together to oversee the recruitment process.

It was advised that patient experience forms that had been returned from West Cumberland Hospital were so far excellent, but that this was just based on one month so colleagues were mindful that things can change each month.

It was advised that 108 children had been through the SSPAU at West Cumberland Hospital, and that of these 67 were discharged the same day, which meant more patients were seen even without evening cover. Work was being carried out to look at ways to audit the activity of the unit, so that reports could be run every month. Several systems were being trialled at the moment to see which would be most fit for purpose for the SSPAU.

Short discussion took place about a Paediatric Oncology Shared Care Unit (POSCU) and it was advised that work was being carried out on this to provide a service to children with long term conditions who were visiting the area.

CWG/057 Agenda 6: Links to other groups and feedback to the Working Together Steering Group

There was a reminder that the next Working Together Steering Group meeting would take place on Wednesday 30 May at 18.00.

A brief update was given following the Tea With The Team event that took place earlier in the month. It was noted that the event had been positive in terms of linking people together, and that the video that was produced following it was positive as it showed what the community could achieve, and could be shared far and wide.

CWG/058 Agenda Item 7 : Any Other Business

Short discussion took place about the promotion of Digital 5 A Day, which provides a simple framework that reflects the concerns of parents/carers as well as children's behaviours and needs. It was noted that this has been shared widely on social media, including a recent tweet by the Children's Commissioner for England.

ACTION: KB to share link to further details about the Digital 5 A Day with the group so they can share the information with their networks.

Brief conversation took place about Children, Young People and Families engagement events which Cumbria County Council were holding, relating to the Wellbeing Model. The events would be an opportunity for members of the group, and their networks, to share their knowledge and expertise to help ensure future services were fit for purpose and were meeting the needs for children, young

people and their families in Cumbria.

ACTION: GT/KB to send information to the group about the events.

Agenda Item 8: Dates and times of next meetings

The next meeting will take place on Thursday 21 June 2018, 10.00am – 11.30am, at Council Chamber, Allerdale Borough Council, Allerdale House, Workington, Cumbria, CA14 3YJ.
