

WORKING TOGETHER GROUP
NOTES OF THE CHILDREN'S WORKING GROUP

Thursday 5 April 2018, 10.00

At Age UK West Cumbria, The Bradbury Independent Living
Centre, Oxford Street, Workington, Cumbria, CA14 2AL

Present: Nicola Jackson (**Chair**)
Julie Clayton (JC) (**Notes**)
Ellen Cullen (EC)
Pauline Houlton (PH)
Sara Jones (SJ)
Deb Lee (DL)
Georgina Ternent (GT)

CWG/044 **Agenda Item 1: Welcome and apologies**

NJ welcomed everyone to the meeting.

Apologies were received from Eleanor Hodgson, Viv Stucke, Richard Simpson, Sue Hannah, Lynsey Ormesher, Louise Messenger, Ann Glazebrook and Christine Kitchen.

CWG/045 **Agenda Item 2: Notes from last meeting**

The notes were agreed as an accurate record of the meeting.

ACTION: JC to ensure co-production working group achievements are online on the webpage.

ACTION: Members of the group to complete a grid relating to the three priority areas, detailing groups that we can link to get information to the right people for particular issues and areas. Check for groups we already engage with to make sure we are maximising relationships.

ACTION: KB to confirm June date as 21st of June and update notes and website.

ACTION: In relation to the discussion that took place at the meeting on 4 January 2018, LO will pick up feedback about Public Health alerts before the next meeting (how are alerts co-ordinated and how do we do it collaboratively).

CWG/046 Agenda Item 3: Update on Child Health App information sharing

Business cards to promote the Child Health App were shared with the group and everyone was pleased with them, and happy to share them.

ACTION: The business cards to be shared with the following people for distribution:

- JC to send to Anne Steele at Whitehaven Library for distribution (GT will notify Anne first to make her aware)
- NJ to send to Lynn McFarlane at pharmaceutical committee
- NJ to send to children's centres (digitally to Copeland, Andrea Hardie-Knight, virtual distribution list and Richard Simpson)
- LO to share with schools electronically
- Share with GP Practices for websites.
- Early Years providers, nurseries, etc.

CWG/047 Agenda Item 4: Update on engagement work and key contacts

Updates on engagement and key contact work were given.

It was recommended that the foster and adoption team be added to the key contacts.

Discussion was held about ICC groups, and how the group could develop links as the ICCs develop. NJ talked about consultant / GP clinics at Brampton and now in Workington.

Advice was given about the Cumbria CVS link with the health partnership officer, building third sector links with ICC. It was highlighted that the group needs to make sure they plug this co-production work into the developing ICCs. Further discussion about this as recommended.

It was noted that the development of health and wellbeing improvement is about trying to get it out into the community, rather than having experts sitting in a room. It was also noted that this was partly about members of the group as individuals being the link with communities and sharing information, but that there may also be better links.

Discussion took place about work mapping issues around GPs and child health hubs, to target support around particular conditions and to try and get in early to avoid children being hospitalised / outpatients, etc.

CWG/048 Agenda Item 5: Feedback on the three Priority Areas Identified

i. Prevention

It was agreed that Prevention would be covered first.

It was advised the Healthy Weight Conference in March was well attended and well supported, and that all district councils were signing up to a pledge. Manufacturers of soft drinks, and food producers, school dinner providers, etc., had all been invited but take up was quite low. It was noted that attempts are being made to move into healthy takeaways, and work was being done to look at licensing and planning. Some takeaways are now doing low calorie options (e.g. McDonalds, Greggs and Subway). These are issues for health and wellbeing forums to consider.

Discussion was held about whether there was something that we as a group could do. There was an idea that the group could develop a whole system healthy weight pathway, learning from our whole system asthma pathway. It was also noted that the on 2 May there is a Summit 17 – Being a Child In Cumbria – event that the group could link into, to see what children and young people are telling us. It was noted that the work would need to link into the pledge around healthy weight.

ACTION: NJ to ask LO to follow up and feed in to this group about healthy weight.

ii. **The Whole System Asthma Pathway**

An update was given on a workshop that took place in March, a year on from first pathway development session. The workshop was attended by GPs, practice nurses, school representatives, public health colleagues, paediatricians, voluntary sector and two patients. Active Cumbria brought Ben and Joe – young people and parents. Neither of them had asthma plans, which highlighted challenges in schools about lack of support, transitioning to adult services, and taking responsibility for self-medication. It was a really positive learning session. It was noted that work of this group prompted organisers to make sure they had patients in the workshop. There was good coverage on ITV Border and social media.

An update was given on an idea that IH has put forward at a previous meeting, to use musical instruments to help children with asthma. There is now a workshop planned to take place in June to support young people with limb problems, which was prompted through asthma discussion.

Following a question about how we the pathway would be promoted to parents it was advised that a test event was planned for Eden. It was requested that the group gets figures for numbers of asthma plans, and that clear plan be put together, for example promoting it through GPs, or through public health and schools.

It was advised that this would be an individual written plan. It was noted that we need to make sure young people own it and request it

ACTION: JC to look into Manchester opportunity

ACTION: Paul Day to send round the Lazonby school clips and films

ACTION: NJ to pick up with Helen Horton around providing written plan for GPs to use.

iii. SSPAU/Inpatient Ward

An update was given and it was advised that both units were in phase 1 at the moment. There had been some technology / IT issues that they were being dealt with.

There were no changes at the moment about inpatient beds.

It was noted that the SSPAU philosophy was making a difference; for example, the Cumberland Infirmary were seeing more young people sent home without overnight stays. This was likely to be partly due to increased consultant cover in the afternoon, as many more children were going home in the afternoon and early evening.

It was noted that there was some evidence of more children going home earlier from West Cumberland Hospital. There were challenges around staff having to keep a manual record and notes of times waiting for blood results, CTs, etc.

It was advised that a positive of phasing is that some issues were being brought up that hadn't been considered before. It is really positive that staff are raising issues and solutions and are shaping the service. There was agreement that compared to where we were 12 months ago this felt much better.

It was advised that all families and young people were asked for feedback but needed to sift traditional and SSPAU treatment.

It was also advised that bays are marked SSPAU, and so some families who had been before may be aware they would be seen more quickly. It was noted that there was a need to gather patient experience feedback, and stories about how this is happening so it can shape the service. It was advised that leads had been identified in both hospital sites for this.

Discussion was held about staffing. The group felt that cautious improvement had been made, and that services were in a better position

than they were last year.

A brief update was given on the three UCLan posts (Chair, Senior Lecturer, and education joint posts), advising that they were still being progressed and nearly there. These will be advertised through the NHS and academia.

ACTION: JC to send details of the Recruitment and Retention meeting to GT.

CWG/049 Agenda 6: Links to other groups and feedback to the Working Together Steering Group

This item was covered during discussions on other agenda items.

CWG/050 Agenda Item 7 : Any Other Business

It was confirmed that the KidsExpo event would not be happening this year.

It was advised that Deb Lee would be talking at a national conference about children's community health and sharing some of our Working Together Group work.

ACTION: JC to offer materials to Deb and promote the work in the media.

CWG/051 Agenda Item 8: Dates and times of next meetings

The following dates for future meetings were agreed:

- Thursday 17 May 2018, 10.00am – 11.30am at Cumbria Archive and Local Studies Centre, Scotch Street, Whitehaven, Cumbria, CA28 7NL
 - Thursday 21 June 2018, 10.00am – 11.30am, Venue TBC
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