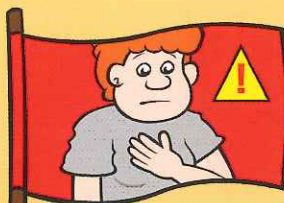


# CANCER RED FLAG SYMPTOMS

TALK TO YOUR DOCTOR IF **ANY** OF THESE THINGS ARE HAPPENING TO YOU



- Getting out of breath doing things you are normally able to do easily.



- Chest pain or a chest infection that doesn't get better.
- A cough that doesn't go away or difficulty swallowing.



- Moles that itch or bleed.
- Moles that change colour, shape or size.



- Coughing up blood.



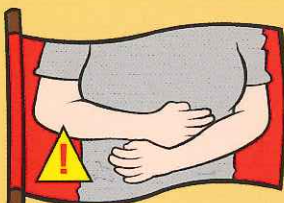
- Feeling tired or weak when it is unexpected.



- Vomiting, this means being sick.



- Blood in your poo or wee.
- Diarrhoea, this means having the runs.
- Not being able to poo or changes to how often you poo.
- Feeling like you still need to poo even after you've been.
- A pain in your bottom.
- Needing to wee urgently.



- Pain in your stomach.
- Unexpectedly losing weight.
- Bloating or swollen stomach.
- Not eating or not feeling hungry.
- Feeling full up all of the time.
- Indigestion that doesn't go away, this is a burning feeling in your chest after eating.



- Lumps or skin thickening on breasts or armpits.
- Skin changes such as a rash, dimpled skin or skin reddening.
- Changes to your nipples such as dryness, leaking or inverted nipples.
- Pain, swelling or any changes to your breast.

## LISTEN TO YOUR BODY!

IF YOU NOTICE **ANYTHING** DIFFERENT ABOUT YOUR BODY, TALK TO YOUR DOCTOR