



## 2019

April

August

December

February

January

July

Consultant-led maternity services to be maintained at West Cumberland Hospital

#### Cumbria Health on Call Hosting Clinical Careers Programme for Year 12 Students

Free Health Checks offered by community stroke prevention group at Distington Vintage Rally this weekend

NHS North Cumbria Clinical Commissioning Group rated as Good in 2018- 2019 assessments

NHS North Cumbria Clinical Commissioning Group's next Governing Body Meeting and Annual General Meeting to take place on Wednesday 7 August 2019

NHS staff across the Solway area join runners at Watchtree Nature Reserve to launch new health partnership

Primary Care service in Workington receives Good rating from CQC

Working Together Group statement

Your input needed to design a new Community Cancer Nurse Service for North Cumbria

June

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# Cumbria Health on Call Hosting Clinical Careers Programme for Year 12 Students

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## Cumbria Health on Call Hosting Clinical Careers Programme for Year 12 Students

Posted on Friday 5th July 2019

Cumbria Health on Call (CHoC) will be hosting a clinical careers programme for year 12 students aimed at giving young people considering a career in medicine the chance to gain valuable experience in the field prior to completing their university applications.

The programme follows the success of the first 'CHoC Future GP Day' held in March 2018, however this year the programme will cover both GP and Nurse careers. Organiser, Dr Stacey Fisher, a CHoC GP, spoke to many young people who highlighted the difficulties they faced in finding relevant work experience to support their application to medical school. Dr Fisher felt that it was vital that students are offered the opportunity to get hands on experience prior to embarking on a career in medicine.



The programme consists of a one day course covering various topics and speakers, including:

- Applying to medical school and interview technique
- Representatives from UCLan, The University of Manchester, The University of Newcastle, The University of Edinburgh, The University of Cumbria
- 3rd year Medical and Nursing students
- Hands on workshops featuring relevant clinical scenarios

The attendees are then invited to complete a 'shadow shift' with a CHoC GP or Nurse, where they will accompany a clinician during a clinical shift.

The programme will be held in two locations aimed to give the opportunity to students across Cumbria:

- Monday 15th July at Queen Katherine School, Kendal
- Thursday 18th July at Hilltop Heights, London Road, Carlisle

Dr Neil Margerison, CHoC Medical Director, said:

'The Future GP and Future Nurse programme offers a fantastic opportunity for year 12 students who are

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considering a career in the medical field. Following the great success of last year's programme, we felt it was important to widen the programme to include nursing careers.

We have some fantastic speakers coming to offer their knowledge and advice, coupled with great workshops to provide the students with various insights into medical careers. The opportunity to then shadow one of our CHoC team gives real life experience of the 'day to day' of being a GP or Nurse.

We look forward to welcome the GPs and Nurses of the future!

### Notes

Cumbria Health on Call (CHoC) is a social enterprise providing out of hours primary care services across Cumbria, 365 days a year for over 22 years. CHoC also operate in-hours services, these are inclusive of a central point of access for paramedics who require input from a patient's own GP and Glenridding Health Centre.

During the out-of-hours period CHoC operates from 6 clinical locations across the county and 1 central logistics hub, with 12 vehicles located at strategic points across Cumbria.

CHoC were the first OOH service in the country to be rated as 'Outstanding' by the CQC. This rating reflects CHoC's vision and demonstrates the improvements and contribution made to primary care across Cumbria. In July 2018 CHoC were given the prestigious title of North Champion in the 'Excellence in Primary Care' category for the NHS70 Parliamentary Awards.

For enquiries please contact Juliet Eyre, Head of HR and Training at Cumbria Health on Call: 01228 514 830.

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Posted on Friday 5th July 2019

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## Latest news

- **Handy app keeps you up-to-date with health advice for children**  
Thursday 12th December 2019
- **Dementia Film Made in Carlisle**  
Tuesday 3rd December 2019